Welcome to this term of cold and (hopefully) wet weather. It has been lovely to see our learners return with enthusiasm. Everyone seems to have had a good break and seem ready for the next term. As I write this article I note that we have a marked absence of staff, so it looks as if the good beginning is not continuing, for staff at least. This term as you will see from the following articles the theme is Healthy Me and we will be looking at food, exercise and the shared environment both physical and social to support healthy participation and choice making. Last term we began our Speech Pathology Consultancy. Over the term two speech pathologists came to Kilparrin and worked with each learner, who is not a client of Novita receiving Novita Speech Pathology services. Each of these learners’ speech was assessed and a program developed to be implemented over the year. The Speech Pathologists will return to model the program to the class staff this term. In the meantime the teachers are exploring the suggestions in the individual programs for use within the class curriculum. A request for services to Novita has been sent for those Speech Pathologists to provide updated information in the use of the assistive speech devices and the speech programs for these learners. Developing communication is fundamental to learning and Kilparrin teachers understand that aspects of communication including choice making and turn taking are included in daily activities. Over the next few days Pam will be ringing and making appointments for the NEP Review meetings. At these meetings we review the progress of the learners through their participation in the curriculum, specifically against the individual goals set at the beginning of the year. Adjustments may need to be made either more or less challenging as appropriate. This meeting is also an opportunity to update all information and to raise any issues or concerns either at home or school. Thank you for your support, keep healthy

Alison McWilliams
Principal

ORANGE CIRCLES

Hello Kilparrin community! Welcome back to another school term, a term in which we will be investigating the new theme of Healthy Me. The Orange Circles will be continuing to eat well this term by joining with the Purple Stars for our weekly cooking lessons. We have selected special recipes from the Go for 2&5 cook book, Healthy Food Fast, and have kept to a soft food consistency to ensure that all of the learners can share what we produce. Our dishes will include four delicious dips, three sweet dishes and a ham and veggie slice.

The Orange Circles learners will be participating in shopping and cooking activities to the best of their abilities. This will include learning about nutrition, exploring the ingredients and practising basic kitchen skills such as peeling, grating and chopping. There are also strong literacy and numeracy links.

Leilisha cooks healthy tzatziki dip

In the Orange Circles class we celebrate people trying new things for the first time. Our term has begun wonderfully well.
with a tasting of some rather different fruit and vegetables. Everyone tried something different with leek, lychees and dates being quite popular! Ruby red grapefruit on the other hand, produced mixed reactions!

Shaylem LOVED the healthy tzatziki full of cucumber, garlic & mint

Healthy Me will not just be about food for the learners in the Orange Circles class. We are also participating in the Premier’s be active Challenge in PE and learning about the human body in science lessons.

Omer takes part in the Premier’s be active Challenge

Another exciting focus for us will be on social skills and wellbeing, and will provide another opportunity to mix with the learners from the Purple Stars class and learn together.

Chelsea and Stephanie enjoy some ‘girl time’ in social skills classes

Jess and Jessica

GREEN TRIANGLES

Welcome back!

This term’s focus is on staying healthy and active, and we will be implementing learning experiences centred on well being, eating well and moving our bodies.

The learners in the Green Triangles class will be encouraged to assist with making some simple and healthy snacks, and when possible, will be involved in shopping for the necessary ingredients we use. We will also include ‘exploring food’ in our sensory play, which will include touch, tastes and smells.

The Green Triangles seem to really enjoy spending regular time in the gym, which will continue this term.

It has been so pleasing over the past six months to observe the learners developing physical skills and the confidence to try new experiences.

As the weather improves we will spend more time outdoors, as well as spending time in the O&M area, participating in music and movement activities, using specialised equipment, and when possible, local walks around the neighbourhood and to the local shops.

A focus on developing independence, social skills and awareness of each other will continue this term, through structured games and activities, as well as incidental opportunities throughout the day.

We have already implemented various turn taking activities, which have been successful and have involved sharing, waiting, following instructions and interacting with each other.

I am looking forward to meeting with you in weeks 5 and 6 to review NEP goals.

Rachel, Lyn and Hayley.
Welcome back to Term 3 in the Purple Stars class! What a busy start to the term we have had and the learners have already settled in nicely. The focus for this term is *Healthy Me* so the learners will be focusing on practices that promote a healthy lifestyle.

The learners in the Purple Stars and the learners in the Orange Circles have combined on Wednesdays to do some cooking lessons. Our focus in these cooking lessons is on making healthy dishes and trying new things.

Our first cooking lesson was a huge success as the learners tried and explored different types of fruit and vegetables. It was great to see our learners willing to try new things and tell us what they liked and didn’t like.

Each morning for this term the Purple Stars and the Orange Circles have joined classes to encourage our learners to practise using their social skills. One of the main focuses at the moment is on turn taking. This involves the learners playing a game of *Go Fish* with one another. The learners have been trying very hard to learn the rules and wait their turn.

It looks as though this term is going to be a very busy and exciting one!

*Beccy, Bruna and Hayley*

Eating well will be a primary focus within our class room this term. We have been looking at our tongue and taste buds within Science and measuring how much we drink each day with a chart. It has been lots of fun!!

*Tanya and Karly*
This term we would like to welcome Belinda to KELC, Kay has injured her shoulder and is unable to be with us at the moment so Belinda will be joining us to support the educational program and the learners.

At the end of last term we farewelled William who has moved to his local kindergarten. We were sad to see him go, but wish him luck in the future.

This term we are focusing on Healthy Me, looking at the different parts of our bodies and activities to help keep us healthy, especially enjoying time outside when the weather is dry and a little warmer.

Karen & Belinda

In Week 2 the staff and learners of Kilparrin were lucky enough to enjoy a performance by the group Pastance and supported by Musica Viva.

Pastance is described as being an exploration of ‘the evolution of musical styles and instruments in everyday life’ and we were treated to an array of different sounds including bagpipes, flutes, violins, recorders, a Baroque guitar, drums and the harp.

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MUSICA VIVA – PASTANCE

Music Count Us In

On Thursday 2 September at 11:00am SA time, Australia’s biggest music event will occur.

Music Count Us In is a nationwide program where schools learn, rehearse and perform the same songs at the same time in the nation’s biggest music gig!

The theme for the 2010 celebration is


Kilparrin learners are once again participating in the event. You can hear the songs (co-written by nine high school students from across Australia) at www.musiccountusin.org.au

Cheryl Elwood
Deputy Principal
Father’s Day Raffle Fundraiser

The Kilparrin Governing Council is running a Father’s Day Goodie Basket Raffle for this year with the prizes to be drawn at the Term 3 Assembly, held in week 7.

Donations of a Father’s Day nature such as car grooming materials, BBQ items, books,… will be gratefully accepted to fill the Father’s Day raffle prize. Our hope is to have a 1st, 2nd and 3rd prize.

Items can be sent to school clearly marked DONATIONS FOR FATHER’S DAY RAFFLE by Friday 20 August 2010.

Thank you for your continuing support.

Denise Hatzi
Fundraising Committee
Kilparrin Governing Council

AGOSCI Intensive Report on the Seminar on Literacy Rawson July 2010

In the first week of the school holidays I had the opportunity to attend an AGOSCI Conference called Intensive Seminar on Literacy in Augmentative and Alternative Communication.

The conference was held 3 hours out of Melbourne at a campsite called Rawson Village near Moe. It was very cold, very intense, but the opportunity to be with a group of people committed to working with children to help establish successful Literacy Learning, was fabulous for my work in early intervention and also to support the teachers and our learners at Kilparrin.

The conference was run by Karen Erickson, who is a former teacher of children with significant disabilities and is the director of the Centre for Literacy and Disability Studies at the University of North Carolina – Chapel Hill and David Koppenhaver, Associate Professor of Language, Reading, and Exceptionalities at Appalachian State University and the cofounder of the Centre for Literacy and Disability Studies at the University of Carolina – Chappel Hill.

Karen and David presented for the 5 days and we had the opportunity to share ideas, knowledge, gain knowledge, case studies and learn together.

The course objectives were;
• to introduce theoretical models and processes of literacy and their relationship to individuals with complex communication needs
• to address the principal components of successful literacy instruction as they relate to learners with complex communication needs
• to describe a range of assessment and intervention strategies that can be used with individuals with complex communication needs
• to familiarise participants with a range of technologies, and a variety of materials and classroom modifications, that support literacy learning and use by learners with complex communication needs
• to share a range of resources and strategies for continuing self education as well as parent and professional support.

Karen and David are co authors of a book called, Children with Disabilities: Reading and Writing the Four Blocks Way.

The book was written to support teachers working with children in specialist settings. Karen and David outlined the individual differences that impact on literacy learning.

In order to make the Four Blocks Framework accessible to children with disabilities they consider six general areas where children with disabilities often differ in significant ways from their classmates. These differences are significant because they impact on the relative success or difficulty that children experience while participating in literacy activities.

The six areas include;
  o communication
  o cognition
  o physical abilities
  o senses (primary vision and hearing)
  o affect
  o attention.

(Reading and Writing The Four Blocks Way, page 7)

I would like to share one of the slides on Emergent Literacy that I found particularly interesting.
An Emergent View of Literacy

Literacy is a process that begins at birth and perhaps before.

Emergent Literacy is 'the reading and writing behaviours that precede and develop into conventional literacy.' (Sulzby, 1991)

Literacy is constructive, interactive, recursive and emergent.

Children learn written language through active engagement with their world and it is important that they are provided with a language rich, print rich environment.

In collaboration with the class teachers and from the information from the speech pathologists that have been assessing the Kilparrin learners, we will begin to implement some of the strategies I have learned from the conference.

Two quotes from The World of Pooh by A.A Milne.

The things that make me different are the things that make me.

To the uneducated an ‘A’ is just three sticks.

Lea Thorpe
Coordinator
Curriculum and Pedagogy

What we do:
PlanNET encourages families to plan for the future, and facilitates the creation and nurturing of a network of caring relationships around the person with a disability for their lifetime. Their network of friends enables them to have a "good life" and encourages them to live a rich, full and contributing life in their community.

Please visit our website to learn more about us www.plan-netsa.com.au

We give people ideas for the future regarding finding meaningful roles and making connections into the community, especially those families where this is the last year of school.

Having a group of friends around them as they make their way into the world can provide stability, encouragement and ideas for young people with a disability.

Families may like to enrol in the upcoming 2010 Information Series:

Wills and Trusts: Thursday, 26th August 6.00pm - 7.30pm

Networks and Planning: Thursday, 9th September 6.00pm - 7.30pm.

Both are free, and will be held at the Fullarton Park Centre. To enrol, go to www.plan-netsa.com.au/newsandevents.html

Information for Parents

Who we are:
PlanNET is a not for profit, non-government organisation created, directed and monitored by families for families - that have a family member with a disability or a mental or chronic illness

The JFA Parent Forum

The Julia Farr Association is a not for profit, non-government organisation that supports choice and inclusion, a ‘fair go’ for people who are living with disability, and their families. It is with this mindset, and strong ambition to generate helpful change, that we are holding a forum for parents of children aged up to 17 years who live with disability.

The event will be held at Our Space, 104 Greenhill Rd, Unley
Tuesday 10th August 11am-1pm.

The forum is aimed at parents interested in their children having the same choices and opportunities as their non-disabled peers.

The forum is an opportunity to share your ideas, aspirations and concerns, access useful information and meet other parents. We hope you can come along.

Please phone (08) 8373 8333 if you wish to register or require further information.

The Julia Farr Association
104 Greenhill Road, Unley
PO Box 701, Unley Business Centre, SA, 5061

Tips for Healthy Snacks

Broccoli not only tastes great, but is low in fat, very low in salt, contains fibre and folate and is a good source of vitamin C.
When you are selecting broccoli choose tight compact heads. Broccoli should be stored in an airtight bag in the crisper section of the refrigerator.

**BEEF, BROCCOLI & SNOW PEA STIR-FRY**

15 minutes preparation  
10 minutes cooking  
5 serves of vegies in this recipe

**Ingredients:**  
250g cooked Hokkien egg noodles  
2 teaspoons oil  
400g rump steak, sliced  
1 medium brown onion, diced  
2 cloves garlic, crushed  
1 teaspoon ginger, peeled and grated  
½ head broccoli, cut into florets  
100g snow peas, (ends and strings removed)  
2 tablespoons water  
1 tablespoon oyster sauce  
1 teaspoon cornflour  
½ tablespoon reduced-salt soy sauce  
1 teaspoon chilli sauce

**Method:**  
Prepare noodles following packet directions. Heat oil in pan, stir-fry beef in two batches, set aside and keep warm.

Add onion, garlic and ginger, cooking until onion is translucent.

Add broccoli, snow peas and water, cooking until vegetables soften.

Return beef to pan.

In a small bowl combine water, cornflour and sauces. Stir through beef and vegetables and allow to bubble and thicken.

Serves 4.

**Variation**  
Substitute 400g lean pork leg steak for beef. Replace broccoli and snow peas with other vegetables, eg: Chinese cabbage, bok choy and sliced carrots.

www.gofor2and5.com.au

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**Loreto College Sony Foundation Children’s Holiday Camp**

Loreto College will host its annual Holiday Camp for children with disabilities from Saturday December 11th to Tuesday December 14th at Karrawood, the Loreto Boarding House, 324 Portrush Rd, Marryatville, 5068

**Who Is The Camp for?**  
Children with a disability whose parents and teachers believe that they would both enjoy and benefit from such an experience. Due to the generous sponsorship of the Sony Foundation the camp is offered **free of charge.**

**What Will we Be doing?**  
The camp will offer a variety of activities, including:  
眵 Art based activities  
.Clock Aquatic activities  
.Clock Dance & Music activities  
.Clock A mini Loreto fair  
.Clock An excursion AND  
.Clock our very own Christmas Party

As well, there will be plenty of time to relax and rest, to listen to stories and just hang about.

**Who Are The Carers?**  
Senior students from Loreto and Rostrevor Colleges are selected to act as full-time companions for the children. They undergo training in preparation for their responsibilities on the camp. The Camp Coordinating team and nursing staff will be there alongside, assisting them in their role.

Any families interested in the opportunity for a child with a disability to join our camp, please contact

**Camp Registrar:** Bess Smith  
ph. 8334 4200 or email bess.smith@loreto.sa.edu.au

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**Entertainment Books**

Kilparrin is once again selling the Entertainment Books at a cost of $65 to parents/caregivers, staff and friends.

This book is a valuable purchase that provides you with hundreds of opportunities to access, at reduced cost, restaurants, attractions, theatre, recreational activities, cinemas, retail services, travel and accommodation.

If you would like to purchase the Entertainment Book please write a note in your child’s communication diary to Pam Dunnett at Kilparrin.
**PARENTING COURSES Term 3 2010**

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<tr>
<th><strong>Inside His Head</strong></th>
<th><strong>Hand in Hand</strong></th>
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<tr>
<td>Understanding Teen Boys</td>
<td>Parenting Challenging Children 5 – 12 year olds</td>
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<tr>
<td>1 night session</td>
<td>8 week course</td>
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<td>NO COST</td>
<td>NO COST. Free crèche.</td>
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<tr>
<td>Wednesday 25 August, 7.00 pm – 9.00 pm</td>
<td>Starting Tuesday 27 July, 12.30 pm – 2.45 pm</td>
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<td>Centacare, 33 Wakefield Street, Adelaide</td>
<td>Family Connections, 72 Collins Parade, Hackham</td>
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<tr>
<td>Bookings: 8210 8200</td>
<td>Bookings: 8326 2955 (Enquiries: Chris – 0429 179 725)</td>
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**I Can’t Do Everything!** (for stressed, overwhelmed parents)  
1 night session  
Tuesday 10 August, 7.30 pm – 9.30 pm  
Effective Living Centre, 26 King William Road, Wayville  
Cost: $15 / $12  
Bookings: 8271 0329

**Managing Anger in Children**  
1 night session  
Tuesday 17 August, 7.30 pm – 9.30 pm  
Effective Living Centre, 26 King William Road, Wayville  
Cost: $15 / $12  
Bookings: 8271 0329

**Media Monsters!**  
Impact of violent or sexualised media and games on children  
1 night session  
NO COST  
Tuesday 2 September, 7.00 – 9.00 pm  
Centacare  
33 Wakefield Street, Adelaide  
Bookings: 8210 8200

**Up and Down – Managing Emotions**  
1 night session  
Tuesday 24 August, 7.30 pm – 9.30 pm  
Effective Living Centre, 26 King William Road, Wayville  
Cost: $15 / $12  
Bookings: 8271 0329

**Talk so your kids will listen and listen so they talk**  
1 night session  
Wednesday 13 October, 7.30 pm – 9.30 pm  
Effective Living Centre, 26 King William Road, Wayville  
Cost: $15 / $12  
Bookings: 8271 0329

**Mum’s House, Dad’s House** (for separated parents)  
3 hour session  
NO COST  
Tuesday 17 August, 1 pm – 4 pm  
Thursday 16 September, 9.30 am – 12.30 pm  
Wednesday 22 September, 6 pm – 9 pm  
Centacare, Fennessey House,  
33 Wakefield Street, Adelaide  
Bookings: 8210 8200

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### Information from the Office of the Commissioner of Social Inclusion

The Premier of South Australia, the Hon. Mike Rann MP has asked the Social Inclusion Board to develop a 'Blueprint' for the long term reform of the way we support people with disability in South Australia. The Board is committed to directly engaging with the people living with disability, their families, carers, and those who work in the disability sector, as we develop this blueprint……

A series of state-wide community meetings will take place during August and September. These meetings will allow a platform for people to give direct-feedback to the Board, raise local issues and assist with our reform plan. Attached is a list of where the meetings will be held.

We are also encouraging all South Australians who are interested in remaining involved and informed in this process to visit our website [www.socialinclusion.sa.gov.au](http://www.socialinclusion.sa.gov.au) and register their details to receive e-bulletin updates on the progress of our work.

Yours sincerely, Monsignor David Cappo AO, Commissioner for Social Inclusion

| **Metropolitan Community Meetings** |
|-----------------|-----------------|------------------|
| Elizabeth Playford Civic Centre | Tuesday 17 August | 10:30am to 12:30pm |
| Modbury Jubilee Community Centre | Thursday 19 August | 2pm to 4pm |
| Port Adelaide Mansfield Park Community Hall | Monday 23 August | 10:30am to 12:30pm |
| Victor Harbor Recreation Centre Hall | Wednesday 25 August | 10:30am to 12:30pm |
| Noarlunga Moana Surf Hall | Thursday 26 August | 2.30pm to 4.30pm |
| Mount Barker Mount Barker Town Hall | Monday 30 August | 10:30am to 12:30pm |
| Adelaide CBD Pilgrim Centre, Flinders Street | Monday 30 August | 7pm to 9pm |

RSVP is not essential but preferred. Please contact the Social Inclusion Unit for further details - (08) 8226 2314 or email [socialinclusion@saugov.sa.sov.au](mailto:socialinclusion@saugov.sa.sov.au)